



DEVIZES SCHOOL NEWS



DEVIZES SCHOOL

A SPORTS COLLEGE

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2005 FLORA LONDON MARATHON

I was 15 when I promised myself I would one day run the London Marathon. The day I eventually fulfilled this ambition was Sunday 17th April. It is certainly an event that will stay with me forever: the immense crowds, the anticipation, crazy costumes, live music en route, the incredible atmosphere and most of all the strange mixture of relief, joy, pain and pride at crossing the line at just over 26 miles.

My official finishing time was 4 hours, 41 minutes and although this was not quite as fast as I hoped for I am delighted that I ran every single step without stopping to walk. I have also raised

over **£1000** for my charity, The Shaw Trust and am still accepting donations.



This was a truly awe inspiring experience and I can't recommend it enough...

So go on, get your running shoes on!

Miss Repton

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Dates for your diary.....

- MAY**
2nd Bank Holiday
3rd—6th KS3 Tests Year 9
4th Governors' Meeting
12th Parent Group Meeting
27th Last Day of Term 5

**30th May - 3rd June
END OF TERM HOLIDAY**

- JUNE**
6th First Day of Term 6

MATHS PUZZLE

Solution to last
Issues puzzle:

6	5	8	4	9	2	3	1	7
2	3	4	5	7	1	6	9	8
7	9	1	8	3	6	4	2	5
5	6	7	1	2	3	9	8	4
3	4	2	9	6	8	5	7	1
8	1	9	7	5	4	2	3	6
1	7	5	2	4	9	8	6	3
9	8	3	6	1	5	7	4	2
4	2	6	3	8	7	1	5	9

This weeks puzzle:

	8	2	9	
6	7	9	5	
4	7	3		8 6
7		6	4	8
6		8	2	9
	2	3	9	1
5	9		8	7 1
1	6	5	9	
	6	1	3	

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FOOD FACTOID

Here is some information found from the British Nutrition Foundation Diet and Food Survey. You may like to discuss this with your children. What do they think?

In today's society, healthy eating is regarded as an essential element to a productive healthy lifestyle. In addition research shows that eating healthily leads to improved behaviour in the classroom and better attention spans.

Yet, here are the facts:

- 15% of 15 year olds in England are now classified as obese.
- In 2002, more than 200 litres of fizzy drink were consumed by the average child.
- Special food sold for children in tins or packets contains more sugar and salt than the normal versions for adults.
- Cartoon characters and famous people are used to sell food which is too high in sugar, salt or fat.
- Food and drinks companies advertise unsuitable foods on children's TV to children of pre-school age.
- It is now official that young people today will have a SHORTER life expectancy than their parents because of bad eating habits learnt in childhood.

Proportion of overweight children and adolescents aged 2 to 19 years by sex, 1995—2000

Year	Boys – aged 2-19	Girls – aged 2-19
1995	18.6%	23.5%
1996	19.3%	22.7%
1997	17.7%	22.9%
1998	21.1%	25.5%
1999	23.0%	25.2%
2000	20.3%	26.6%

Who is responsible? Schools? Parents? The food industry?

The National Diet and Nutrition Surveys of young people showed that all age groups had a preference for high fat-content diets given the high consumption of chips, snack foods, biscuits, chocolate confectionery and soft drinks. This is counteracted by the low consumption of fruits and vegetables among all age groups. There was also evidence of a relatively high proportion of children aged between 11 and 18 years having poor vitamin A intakes.

Other factors that may be contributing to this trend are an inactive lifestyle where more time is spent on sedentary activities outside school such as watching television or videos and that fewer children walk to school.

With so much recent publicity young people are being faced with this issue and being forced to consider the long term implications of their current lifestyle choices. This is undoubtedly a good time to guide their thinking into more positive choices.

(Sources - National Statistics website; British Council website; British Nutrition Foundation website)

Mrs Smith - Health Co-ordinator



FOOD FACTOID



Fresh Facts on Vegetables

- Buy fresh! Buy raw fruit and vegetables as freshly picked as possible.
- Shade them! Keep CARROTS in the shade. Too much light destroys nutrients e.g. Vitamin A.
- Keep them whole! Don't cut up fruit and vegetables till just before you want to use them. This lessens the loss of nutrients, especially Vitamin C.
- Opt for crunchy! The more water you use to cook, the greater the nutrient loss. Steam vegetables or cook for a short time only in a small amount of water.
Use the liquid! Use the cooking liquid to make gravy or stock for soup rather than throw away nutrients.

PARENT GROUP 100 CLUB

TERMS THREE AND FOUR PRIZE DRAW

The three winners were selected during the SLT Meeting held on Monday 11th April 2005.

1st Prize	£100	04062	Mrs M E Wright
2nd Prize	£40	04011	Nancy Aiston
3rd Prize	£20	04056	June Bryant

The winners will receive prize cheques in the post.

CONGRATULATIONS!

Mr C Ellis
For the Parent Group



YEAR 8 AND YEAR 9 HOCKEY RESULTS

Year 8 - Devizes Vs Hardenhuish

Final Score - 6-0 to Hardenhuish

Even though we lost we put up a good fight. It was very hard game as they had 11 players, including their goal keeper and we had 8 players and no goal keeper.

Team: **Hannah Williams, Alex Clements, Emma Nolan, Catherine Haynes, Rachel Wilkinson, Jade Whitbread and Kayleigh Shergold.** Thank you to all those who played and a big thank you to all the teaching staff who came to support.

Year 8 - Devizes Vs John Bentley

Final Score - 3-0 to John Bentley

This time we lost with 14 players and not 8 players! Again, it was a very hard game, but we put out a strong team and tried our best.

Team: **Cerys Powell, Hannah Williams, Rachel Wilkinson, Alex Clements, Hannah Withers, Emma Nolan, Jade Whitbread, Ailie Millar, Sarah Nash, Becky Squire, Catherine Haynes and Kayleigh Shergold.**

Thank you to all those who played and for the teachers' support.

Natasha Whitbread (Capt)

Year 9 - Against John Bentley

We played away at John Bentley and the final score was 1-1. We played a good first half, which led to our first goal by **Sabrina Gunn-Taylor.** She traveled with the ball into the 'D' and put it into the goal right past the goal keepers feet. At half time we were still winning 1-0. The second half was more challenging. We had many more chances in this half but we just couldn't convert them in to goals. Despite all of our best efforts, John Bentley had a lucky break and managed to score and bring the result to a 1-1 draw. Well done to all who played and I hope you enjoyed the game.

Charlotte Pegrum 9JAJ

JUDO REPORT - BRITISH SCHOOLS NATIONAL INDIVIDUAL JUDO CHAMPIONSHIPS - WOLVERHAMPTON

The school had five players fighting at this competition and all won medals, two gold, one silver and two bronze medals. Quite an achievement for a National competition!

Joe Duxberry, Charlotte Giles, Rachel McCullar, Kevin Ottaway and Lee Pitman were all representing Devizes School.

Joe Duxberry in the boys 11-14 years (U46kgs) and Charlotte Giles in the girls 11-14 years (U48kgs) both won gold.

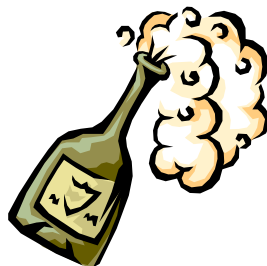
Rachel McCullar in the girls 11-14 years (U44kgs) won silver and bronze medals were won by Kevin Ottaway in the boys 14-16 years (U60kgs) group and Lee Pitman in the boys 14-16 years (U66kgs) group. **CONGRATULATIONS!**

CONGRATULATIONS

To Rachel Turner, 13MAW, who has not only been selected for the England U18 squad to tour Finland later this year, but has also now been selected for the senior England Volleyball squad.

An outstanding achievement for one so young! The school wishes you well in your future in volleyball.

Miss Marshall



Congratulations to **Victoria Scipio, 7JLM**, who during the Easter Holidays, took part in the following tennis tournaments:

Cheltenham Grand Prix:

Vicky got to the semi finals, 14 and under girls' doubles.

Pewsey Drewitt Neate:

U14 - runner up girls' singles and won the mixed doubles.

U18 - won girls' doubles

Bristol Hard Court Grand Prix:

Victoria won the 14 & under girls' plate. Vicky has also been selected for the 14 & under County Cup team in Cambridge on 29th April for 3 days.

Well done from all the PE Staff

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Congratulations also go to **Emma Kerley, 8NBC** who won first prize and **Andrew Bills, 7CJM** who won second prize in the draw for extra curricular participation.

Everytime you attend a club either at lunchtime or after school or represent the school, you get an entry into the raffle draw. Competition draws every term - 6 a year!

Emma won a gift voucher for £25 and Andrew £15.

More participation = more probability of a win

You have to be in it to win it!

PROPOSED CRICKET FIXTURES FOR SUMMER TERM 2005

DAY	DATE	SPORT	OPPOSITION	YEAR 7	YEAR 8	YEAR 9	YEAR 10	YEAR 11	6TH FORM
TUESDAY	26 TH APRIL	CRICKET	ST JOHNS			AWAY	HOME		
THURSDAY	28 TH APRIL	CRICKET	ST JOHNS	HOME	AWAY				
TUESDAY	10 TH MAY	CRICKET	CORSHAM	HOME	AWAY				
THURSDAY	12 TH MAY	CRICKET	CORSHAM			HOME	AWAY		
TUESDAY	7 TH JUNE	CRICKET	JOHN BENTLEY	AWAY	HOME				
WEDNESDAY	8 TH JUNE	CRICKET	JOHN BENTLEY			AWAY	HOME		
TUESDAY	21 ST JUNE	CRICKET	HARDENHUISH	HOME	AWAY				
THURSDAY	23 RD JUNE	CRICKET	HARDENHUISH			HOME	AWAY		
TUESDAY	5 TH JULY	CRICKET	SHELDON	AWAY	HOME				
THURSDAY	7 TH JULY	CRICKET	SHELDON			AWAY	HOME		

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