



DEVIZES SCHOOL NEWS



DEVIZES SCHOOL

A SPORTS COLLEGE

No. 874/2004-5

11th March 2005

MODEL UNITED NATIONS CONFERENCE - BATH

Last weekend, nine students in Year 12 took part in a Model United Nations conference in Bath. It was a very eye-opening experience which exposed some of the most heinous atrocities that occur daily in our world. All of the delegates enjoyed the weekend and would like to prepare more thoroughly for conferences in the future. **Katy Luxton** was highly commended for her contribution to the debate in her committee. The other delegates were: **David Lane, Stephen Draisey, Katie Izzard, Harriet Courage, Ashley Edwards, Sarah Jones, Philip Hardy, Abi Nichols** and **Steven Underwood**.

Ashley Edwards 12JML

Sainsbury's Active Kids Campaign

From 2nd March until 30th June 2005, every £10 a customer spends at Sainsbury's will earn them one Active Kids Voucher.

Active Kids vouchers can be donated to schools and can be redeemed for equipment, kit and experiences which enable children to be active.

Devizes School is collecting these vouchers. Please support us by bringing them in to school and put them in the box in Reception.

Thank you.

Mr Murdoch

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Dates for your diary.....

MARCH

- 24th Last Day of Term 4
- Easter Holiday
25th March - 8th April

APRIL

- 11th First Day of Term 5
- 14th Year 7 Parents' Evening

MAY

- 2nd Bank Holiday
- 4th Governors' Meeting
- 12th Parent Group Meeting

MATHS PUZZLE

Solution to last issue's puzzle below:

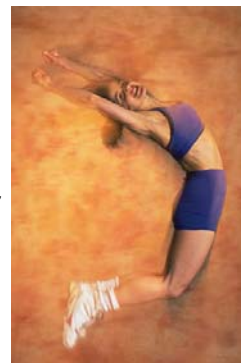
3	1	9	2	4	5	7	6	8
2	4	6	9	7	8	1	5	3
5	8	7	6	1	3	4	2	9
8	9	5	4	2	1	3	7	6
6	7	4	3	8	9	5	1	2
1	2	3	5	6	7	8	9	4
7	5	2	8	9	4	6	3	1
4	6	1	7	3	2	9	8	5
9	3	8	1	5	6	2	4	7

This week's puzzle:

	7	2	5				9	3
	9			6				
3	8		1					
	8	7	6					9
				3		7		
6						9	7	1
				9		1		7
					3			5
5	1					8	9	2

HEALTHY SCHOOLS UPDATE - MARCH 2005

The targets for Healthy Schools Validation have been submitted and we are now working on meeting them. To date, we have undertaken the following things:



1. A nutritionist has been working with us to assess where the diet of our students may be improved.
2. School policies on personal, social and health education are being updated.
3. Peer mentoring training has been carried out with Year 8 pupils and Year 10 pupils.
4. Consultation with Kennet Lifestyle Co-ordinator, regarding the promotion of active life-style has been undertaken.
5. A staff working party has been set up and is currently working on food as a focus - keep your eye on the newsletter for 'food factoids'.
6. The school has participated in No Smoking week, giving information to pupils about the health issues regarding cigarettes.
7. Staff have undergone training to update teaching of sex education/personal relationships education.
8. The school nurse roadshow visited Year 9 to discuss alcohol, smoking, stress, drugs, sexually transmitted diseases.
9. The school nurse team has given information to students about the 'No Worries' scheme.

Do you have any suggestions which may help us? Please contact me at school if you wish to discuss any ideas.

Mrs Smith
Head of Year 8 & Healthy Schools Co-ordinator



FOOD FACTOID



Children's diets - a question of balance

- Kids consume 50% more salt than the recommended amount for adults.
- 15% of children under 11 years old are obese.
- 92% of children consume more saturated fat than is recommended for adults.
- 20% of 14 - 18 year olds don't eat any fruit.
- Carbonated (fizzy) drinks are the most common drink consumed by children.
- Children eat too much white bread, chips, salted savoury snacks, biscuits and chocolate.

British Nutritional Foundation survey 2004

Mrs Bromley & Mrs Stevens
Healthy Schools Working Party & Food Technology

Fresh facts on vegetables

- Buy fresh! Buy raw fruit and vegetables as freshly picked as possible.
- Shade them! Keep CARROTS in the shade. Too much light destroys nutrients e.g. Vitamin A.
- Keep them whole! Don't cut up fruit and vegetables till just before you want to use them. This lessens the loss of nutrients, especially Vitamin C.
- Opt for crunchy! The more water you use to cook, the greater the nutrient loss. Steam vegetables or cook for a short time only in a small amount of water.
- Use the liquid! Use the cooking liquid to make gravy or stock for soup rather than throw away nutrients.



Mrs Brown and Mrs Stephens

NATIONAL NO SMOKING DAY

Did you know that **National No Smoking Day** was 9th March?

For further details please visit www.nosmokingday.com

Our students will be glad to discuss this with you.

Mrs Smith

Health Co-ordinator



LITERACY WORKING PARTY FOCUS FOR TERM 4

CAN YOU USE THE APOSTROPHE?

There are only two reasons to use it:

1. Possession. To show that something belongs to someone e.g. John's car, the girls' bags (more than one girl). The only exception is 'its'.
2. Omission. To show a letter is missing from a word e.g. wouldn't, couldn't, I've etc.

NEVER USE AN APOSTROPHE WITH PLURALS



Mrs. Carpenter's cat wouldn't eat fish!

Find us on the Web:
www.devizes.wilts.sch.uk

REVISED BUS FARES

We have been advised by the Wilts & Dorset Bus Company that fares are due to be revised with effect from **Sunday 13th March 2005**.

Pupils who travel to school on any service provided by this company should expect a change to their fares from **Monday 14th March**.

No further information is available at this time.

YEAR 8 HOCKEY Vs ABBEYFIELDS

We played in difficult conditions, but both teams played well. It was very hard on grass but we still won. They had the advantage, as they play on grass and we don't - we play on the ATP.

Very well done to all who played - Final Score - 1 - 0 to Devizes

Team: **Hannah Williams, Georgie Wells, Cerys Powell, Becky Squire, Becci Noyes, Emily Kerley, Ailie Millar, Alex Clements, Hannah Withers, Jade Whitbread and Sarah Nash.**

Natasha Whitebread (Capt.)

SCUBA DIVING - REMINDER

There are still places available for the Scuba Diving Taster Session on:

THURSDAY 17TH MARCH - 3.30 - 4.30P.M. - £14 ONLY

If you are interested, pick up a form from the Exams Office.



Contact us:

Devizes School, The Green, Devizes, Wiltshire SN10 3AG

Tel: 01380 724886 Fax: 01380 720995

Email: devizes_school@devizes.wilts.sch.uk

Web: www.devizes.wilts.sch.uk

